YOUR GUIDE TO
Penn Dining

#PennCraves
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**TALK TO US, WE’RE HERE FOR YOU!**

Our culinary and management staff welcome input and suggestions! If you’d like to request a particular product or menu item, have feedback or a special dietary need, the dining team would love to hear from you.

*Look for a manager wherever you dine or email us directly at: [dining@upenn.edu](mailto:dining@upenn.edu)*
At Penn, students crave more - more community, convenience, engagement, variety, and thoughtful conversation. Penn Dining helps satisfy these cravings through our cafés, where students and faculty enjoy meals together to maximize their Penn experience. With a variety of menu items that are cooked from scratch using fresh seasonal ingredients that respect our fragile environment, we offer delicious food to suit all styles of dining, including international, vegetarian, and vegan options.

SATISFY YOUR CRAVINGS:

- All on campus housing is located a short walk (less than 660 ft) from a dining café.
- We cook from scratch to control ingredients and better support your individual dietary needs.

DINING AT YOUR FINGERTIPS

- Get up-to-the-minute dining info when you download Penn Mobile, and subscribe to Menu Mail for daily menu options.

DECODE YOUR DINING PLAN:

- **Meal Swipe**: For use at any of our all-you-care-to-eat cafés. Each time you dine, one swipe will be deducted from your semester swipe allowance.
- **Dining Dollars**: Funds are loaded onto your PennCard for use at any of our retail venues. The amount spent will be deducted from your balance. New this year - get a 5% discount when you use Dining Dollars at select campus retail locations.
- **Meal Equivalency**: Choose a combination of a main course, sides, and a drink and one swipe will be deducted from your semester allowance.
01. 1920 COMMONS

LOCATION: Locust Walk at 38th
ACCEPTS: Swipe, DD$, Meal Equivalency

All-you-care-to-eat café on the top floor. Ground and lower levels offer retail options: Gourmet Grocer* has meals to go, toiletries, school supplies, and features locally crafted foods, while Starbucks is a popular study space open until midnight.

02. ACCENTURE CAFÉ

LOCATION: Towne Building, 220 S. 33rd
ACCEPTS: DD*$

The perfect stop in-between classes for locally roasted coffee, beverages, sandwiches, salads, soups, and sweets.

03. BEEFSTEAK

LOCATION: Houston Hall, 3417 Spruce St.
ACCEPTS: DD$

The first Philly location of the veggie-centric café created by renowned chef José Andrés.

04. ENGLISH HOUSE

LOCATION: Sansom at 36th
ACCEPTS: Swipe

All-you-care-to-eat café. A campus favorite for live expo stations and newly introduced Halal food program.

* Use your DD$ and get a 5% discount at this location
05. FALK

**LOCATION:** Steinhardt Hall, Locust Walk at 39th

**ACCEPTS:** Swipe, DD$

Kosher menu with all food prepared under the supervision of the Community Kashrus of Greater Philadelphia. $3 surcharge for meals. Shabbat dinner and Cholent lunch is also available.

06. HOUSTON MARKET

**LOCATION:** Houston Hall, 3417 Spruce St.

**ACCEPTS:** DD$

Made-to-order pasta and grill items, design-your-own salad, and hand-rolled sushi. Also home to Pure Fare - a Philly favorite founded by a Penn alum offering nutrient-dense, healthy options.

07. JOE’S CAFÉ

**LOCATION:** Steinberg Hall-Dietrich Hall

**ACCEPTS:** DD$

Enjoy breakfast, lunch, & locally roasted coffee during those long days of studying.

08. MARK’S CAFÉ

**LOCATION:** Van Pelt Library, Ground Floor

**ACCEPTS:** DD$

Fuel late night study sessions with sushi, sandwiches, soups, and snacks, or early mornings with coffee and pastries. Open late Sunday - Thursday.

* Use your DD$ and get a 5% discount at this location
09. MCCLELLAND EXPRESS

LOCATION: The Quad
ACCEPTS: DD$*, One-Swipe Thru

Use “one swipe thru” to choose your meal from our hot and cold dining options. Each entry requires one meal swipe. Evening hours, featuring study food favorites, are available from 8pm to midnight. Also accepts DD$ for groceries, toiletries, and grab-and-go items.

10. NEW COLLEGE HOUSE

LOCATION: Chestnut at 33rd
ACCEPTS: Swipe, DD$*, Meal Equivalency

Our newest dining facility offers all-you-care-to-eat and retail options for breakfast, lunch, and dinner - plus Family Table, a new dinner experience for students to come together, set the table, and share a family-style meal.

11. TORTAS FRONTERA - THE ARCH CAFÉ

LOCATION: Locust at 36th
ACCEPTS: DD$

Authentic Mexican recipes with high-quality, local ingredients from Top Chef Rick Bayless.

12. UNIVERSITY SQUARE FARMERS’ MARKET

LOCATION: Bookstore Plaza, Walnut at 36th
ACCEPTS: DD$

Fresh local produce and other countryside specialties every Wednesday, seasonally.

* Use your DD$ and get a 5% discount at this location
**SWIPE TO SAVE.**

Use Dining Dollar$ versus cash or credit and get a 5% discount every time you swipe at Gourmet Grocer, Houston Market, Joe’s Café, Mark’s Café, Accenture Café, and the retail options at New College House and McClelland Express.

**SURPRISES ARE GOOD. SURPRISES YOU CAN EAT ARE EVEN BETTER.**

NEED TO EAT LATE?
NO TIME TO SIT?

- **Evening Hours:** Starbucks and Gourmet Grocer in 1920 Commons, Mark’s Café in Van Pelt Library, and McClelland Express in the Quad stay open after dinner.

- **Meals on the Go:** Use your DD$ to savor the taste of Hemispheres, full meals based on global recipes available at Houston Market and Gourmet Grocer.

- **Take Out/Green to Go Boxes:** Exchange a meal swipe for a carry-out meal at breakfast, lunch, or dinner.

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**WATER BOTTLE FILLING STATIONS**

Penn Dining and Green Campus Partnerships provide a reusable water bottle to all residents at Move In. Campus water bottle filling stations are a convenient source for fresh, chilled water and support sustainability. Bottle filling stations are found in the College Houses, Sansom Place, and classroom and administrative buildings.

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**VENDING**

A variety of cold and hot beverages, snacks, and other items are sold through over 250 campus vending machines. Cash, credit, and debit can be used for payment at any machine - and all operate 24/7. Interested in new or different products? Did you lose money or is the machine not working? Let us know your suggestions and report any vending machine issues at vendingmachines@upenn.edu. Be sure to mention the machine’s location.
MINDING WHAT YOU EAT?

- Dan Connolly, RDN; Registered Dietitian Nutritionist is available for individual consultation, special dietary needs, and food allergy support.
- Follow @DansDailyDish for healthy recommendations every day.
- Vegan and vegetarian options offered at every residential café and retail venue.
- Glatt Kosher meals served at Falk at Penn Hillel.
- Halal meals served at English House.

UNDER THE WEATHER?

If you are sick and cannot get to a café, you or a staff member can request meals to be picked up for you. Penn Dining has worked with Student Health Services to prepare meal options which provide sufficient calories and hydration to support your recovery. To arrange, simply contact a chef or manager one meal period prior to the desired pick-up. Your designated proxy will be asked to provide your name and PennCard number at the cashier station.

For additional information, visit upenn.edu/dining. Any dining plan holder can participate.
Important Dates and Resources

**Fall 2016 Dining Plans begin on Tuesday, August 30th - the first day of class.**

New students (freshman, transfer, and exchange) arriving for NSO on August 25th are provided with most meals through an NSO Dining Plan which is part of the New Student Orientation experience. We are committed to partnering with students and faculty to serve their needs in 2016-2017 and into the future.

**DINING PLAN CHANGES:** First 3 weeks of each semester.

**DINING PLAN DURATION:** Swipes expire at the end of a semester and Dining Dollar$ carry over and expire on Commencement Day.

**BON APPÉTIT**

Our food service provider and industry leader in fresh, made from scratch, sustainable meal preparation. Bon Appetit is a pioneer in environmentally sound sourcing policies and has developed programs addressing:

- Local purchasing
- Overuse of antibiotics
- Sustainable seafood
- The food-climate change connection
- Humanely raised meat and eggs
- Farmworkers’ rights

**STUDENT EMPLOYMENT:**

**WANT TO WORK WITH US?** Get involved in the Penn community by joining the team at Penn Dining. Work in a fun environment with flexible hours to fit busy schedule.

**DINING AMBASSADORS:** Become an advisor that assists Penn Dining by helping enhance the dining experience. DAs work on a variety of projects, including secret shopper surveys, event planning, and communication efforts.

Contact dining@upenn.edu to join the Penn Dining team.
Working with Our Community

We are committed to partnering with students and faculty to serve their needs in 2016-2017 and beyond.

SOME OF OUR FAVORITE COLLABORATIONS:

**DINING ADVISORY BOARD (DAB):** Student board meets regularly with dining management to share ideas, feedback, and plans. [Learn more >]

**PENN ENVIRONMENTAL GROUP (PEG):** Collaborating on sustainability efforts and education; promoting responsible practices in recycling, composting, and water conservation. Co-sponsored water bottle distribution to all new on-campus residents. [Learn more >]

**SWIPE OUT HUNGER:** A student-sponsored program that collaborates with Philabundance to eliminate hunger in the greater community.

**FOOD RECOVERY:** Penn Dining is working with Feeding America which unites students on college campuses to fight waste and feed people by donating the surplus unsold food from their colleges and donating it to hungry Americans. At Penn we work with Salvation Army Pioneers, a local agency that assists women and children.

**CO-CURRICULAR PARTNERSHIPS:** Food Week, [Take Your Professor to Lunch](#), and other programs focused on exploring the role of food in our lives.

**TABLE TALK:** Support for fostering person-to-person connection and community through guided conversation over a meal. [Learn more >]

A special thanks goes to the Undergraduate Assembly, who helped develop our freshmen dining guide.